



FSCCL STAFF MESSAGE

October will be here before you know it and the weather seems to have already started to veer strongly towards a cool autumn. FSCCL Thanks you for your exceptional efforts and leadership as we've returned to campus this fall. Your efforts are being recognized throughout campus and the local and national community. We know it has been difficult and many of our student leaders and volunteers are tired. However, our collective efforts are paying off and we're here to support you in any way we can. We're all in this together!

MANAGING MENTAL HEALTH

As an organization leader, you might become aware of a member that is having difficulty managing their mental health. You might find yourself struggling with feelings of stress, anxiety, or other mental health challenges.

- This ["What Should I Do?"](#) guide from Office of the Dean of Students contains valuable information about resources and the Student of Concern process.
 - Submit a [Student of Concern Report](#). This page will show you the types of concerns that can be submitted and direct you to those reporting forms.
- Counseling and Psychological Services ([CAPS](#))
 - [Apps and Digital Online Resources](#).
 - [Self-Help Resources](#)
- Health & Safety Initiative Programming (program descriptions on p. 2 & 3)
 - Supporting Members Mental Health During COVID-19 and Beyond - offered twice!
 - A Conversation about Hazing and the Intersectionality with Mental Health

PURSUIING RACIAL JUSTICE TOGETHER

The Pursuing Racial Justice Together Lecture Series has already provided poignant discussion from distinguished guests be sure to register for upcoming events. Don't miss out on this upcoming event, September 24 at 7 PM, featuring Patrisse Cullors, cofounder of Black Lives Matter with Yamiche Alcindor.



Registration for each event ends at 3 PM on the event date. [See a full schedule here.](#)

IN THIS ISSUE

FSCCL STAFF MESSAGE

MANAGING MENTAL HEALTH

PURSUIING RACIAL JUSTICE TOGETHER

HEALTH & SAFETY INITIATIVE OVERVIEW

HSI FALL 2020 SCHEDULE

FOUR PHASES OF THE ELECTION PROCESS

OFFICER ELECTIONS AND TRANSITIONS

ADDITIONAL REMINDERS



RSVP HERE

HEALTH & SAFETY INITIATIVE - FALL 2020 SCHEDULE OF EVENTS

The Health and Safety Initiative integrates numerous health and safety concepts into a targeted programming period. Concepts covered each semester are determined by students within the community, based on the greatest issues that they see in the community at that time.

***Your council may require a certain percentage of participation in education sessions. We recommend sharing the schedule with your members so they are able to attend programs that meet their interests and availability.**

INDIVIDUAL CHAPTER/HOUSE COACHING SESSIONS

10/5-10/12



What's it about?

Individual Chapter/house Coaching Sessions are 50-minutes long with a member of the NovakTalks staff. Leadership Teams and those interested in making change within an organization should register via google docs.

Coaching Sessions will be offered Monday 10/5 - Thursday 10/8 and Monday 10/12 - Tuesday 10/13.

Who should go? Organization Leaders, Those that are invested in change



SCHEDULE NOW

Program content will be one hour including Q&A, facilitators will be available immediately following the presentation for additional questions.

CONDUCTING A HEALTH & SAFETY AUDIT FOR YOUR ORGANIZATION

MONDAY 10/5



What's it about?

This practical session is ideal for the transition of new officers and developing a review process for chapter or cooperative systems, operations, and documented procedures not only annually but also after an "incident" occurs. Participants will be provided with an audit guide specific to Purdue University organizations.

Who should go? Ideal for current/aspiring Risk Managers, Emerging Leaders

CREATING AN UPSTANDER ENVIRONMENT IN YOUR ORGANIZATION



What's it about?

Participants will learn how to create an environment within their chapter or cooperative in which all members recognize the importance of being an upstander when they encounter or hear about possible situations that can negatively impact members, guests or the greater organization. Facilitators will provide guidance on empowering members to act upon their responsibility to be an upstander.

Who should go? Open to all

CREATING YOUR OWN HEALTH & SAFETY CURRICULUM

TUESDAY 10/6



What's it about?

Participants will learn how to provide targeted and relevant Health & Safety Education to their chapter or cooperative. Facilitators will provide a multitude of free resources with facilitator guides for in-person or virtual training as well a framework to design programming internally.

Who should go? Ideal for current/aspiring Risk Managers, Emerging Leaders

SUPPORTING MEMBERS MENTAL HEALTH DURING COVID-19 AND BEYOND



What's it about?

This extended conversation will provide participants with resources and guidance for integrating mental health support into their membership outreach and development efforts. Participants will learn how to reduce the stigma often associated with seeking help, lead healthy conversation about mental health in the chapter or cooperative, how to help a brother, sister, sibling access mental health support and how to address a member's behavior when coping strategies result in risk behaviors. Facilitators will provide a list of free resources that leadership can use to develop a quality mental health initiative.

Who should go? Open to all



FROM YOUR PEERS:



"HSI is a change making experience. Members come to the program to meet a requirement yet leave the program to face the critical issues facing our community. By creating year-round support, constantly challenging conventional progression, and empowering the voice of each member this initiative has been and agent of change for the Purdue FSCL community."

- FSCL Student Leader 2019

"Through the confidential consultation during the program, a group of leaders in an organization can discuss the specific conditions of a health and safety concern that they have and alongside the consultant come up with a unique solution to their problem. This technique allows for our organization to develop lasting change in their community through implementation of specific solutions to their critical problems."

- FSCL Student Leader 2019

10/5-10/12

INDIVIDUAL CHAPTER/HOUSE COACHING SESSIONS



What's it about?

Individual Chapter/House Coaching Sessions are 50-minutes long with a member of the NovakTalks staff. Leadership Teams and those interested in making change within an organization should register via google docs.

Coaching Sessions will be offered Monday 10/5 - Thursday 10/8 and Monday 10/12 - Tuesday 10/13.

Who should go? Organization Leaders, Those that are invested in change



SCHEDULE NOW

Program content will be one hour including Q&A, facilitators will be available immediately following the presentation for additional questions.

BUILDING A CRISIS RESPONSE PLAN

MONDAY 10/12



What's it about?

Participants will learn how to build a chapter or cooperative crisis response plan that is inclusive of differing crisis scenarios they may encounter. Additionally, facilitators will provide guidance on how to effectively educate members on your organization's crisis response plan.

Who should go? Ideal for current/aspiring chapter leaders, Presidents, Risk Managers

SUPPORTING MEMBERS MENTAL HEALTH DURING COVID-19 AND BEYOND



What's it about?

This extended conversation will provide participants with resources and guidance for integrating mental health support into their membership outreach and development efforts. Participants will learn how to reduce the stigma often associated with seeking help, lead healthy conversation about mental health in the chapter or cooperative, how to help a brother, sister, sibling access mental health support and how to address a member's behavior when coping strategies result in risk behaviors. Facilitators will provide a list of free resources that leadership can use to develop a quality mental health initiative.

Who should go? Open to all



A CONVERSATION ABOUT HAZING AND THE INTERSECTIONALITY WITH MENTAL HEALTH

TUESDAY 10/13



What's it about?

Incidents of hazing on college campuses and in fraternity and sorority organizations have received elevated attention as a high-risk issue that must be addressed. Join a nationally recognized hazing prevention expert in a realistic conversation about hazing as a risk issue that students need to understand is not acceptable. Using current research as well as lessons learned from 25 years of work in hazing prevention the facilitator will help students better understand the unintended consequences of hazing that impact the mental health of both those that perpetuate hazing and those that are hazed. Content will include strategies for eliminating hazing practices as well as sustaining as a non-hazing organization and opportunities for the student voice to inform hazing prevention efforts on college campuses.

Who should go? Anyone. Recommended for aspiring and current Intake Coordinators/New Member Educators.



FOUR PHASES OF THE ELECTION PROCESS



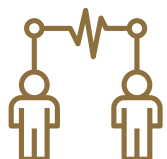
1. Cultivating Leaders - The best organization officers have the relevant skills and experience to do their jobs well. It's the organization's job to cultivate strong leaders through delegation, committee assignments and chairmanships, and other leadership opportunities.



2. Preparation - Elections start long before your members cast their ballots. You must ensure interested candidates know the expectations, required experience and benefits of each position.



3. Execution - An organized and codified approach to elections is crucial to your group's success. There must be a fair and transparent process for all interested candidates. Without this fair process, officers will lack credibility and fail to garner "buy-in" from members.



4. Transition Preparation - Preparation drives the success of the transition process. With proper organization and thoughtful reflection, outgoing officers will provide a strong foundation for their successors.

source: Sigma Phi Epsilon "[Maximizing Officer Elections](#)"

OFFICER ELECTIONS & TRANSITIONS

If your organization typically elects new officers and transitions them at the end of the fall semester, it will be important to reconsider your fall organizational calendar as a result of our slightly truncated semester.

We encourage the following:

- Back plan for your process. Consider how many weeks your process takes, be sure to include all parts of your election process: applications, interviews, slating process. Adjust your calendar accordingly.
- Offer the opportunity to meet with or shadow officers
- Provide a review of Officer roles and responsibilities
- Within three weeks of elections, you'll need to re-register your organization with [Boiler Link](#).
- Plan your transition process.
 - 1:1 meetings of outgoing and incoming officers can be conducted in person.
 - Anticipate the need to conduct certain components of your transition virtually.
 - Planning to conduct brainstorming or planning sessions as part of your transition and want to host them in person? Be sure to fill out an Event Planning Form as soon as possible in order to reserve space on campus.

MEMBERSHIP FORMS



Required by all new members within 72 hrs. of joining:

[Submit it here](#)

INTAKE/NEW MEMBER ED GUIDELINES



Due 2-wks prior to your process beginning.

[Submit it here](#)

FLU CLINICS



Location: CoRec

9/28: 10 AM - 8 PM

9/30: 10 AM - 8 PM

10/2: 10 AM - 8 PM

UPCOMING MGC & NPHC WEEK OF EVENTS:

SEPT. 21-25

Chi chapter of Sigma Lambda Gamma Sorority, Inc.

SEPT. 21-26

Epsilon Kappa chapter of Zeta Phi Beta Sorority, Inc.

SEPT. 28 - OCT. 2

Beta Omicron chapter of Omega Phi Beta Sorority, Inc.

MEET WITH FSCL STAFF



Schedule a meeting with your FSCL Advisor:

- [Book online to meet with Spencer, Amanda or James](#)
- To meet with Brandon, please contact him via email.