



FSCCL STAFF MESSAGE

Happy October! What a month we have ahead, full of excellent programming and chapter events. Many of you will be preparing to initiate new members at the end of the month, begin election processes and transitions. Don't forget to take advantage of meeting one on one with your FSCCL Advisor to talk through any questions you might have and receive additional resources for your chapter experience.

SEASONAL AFFECTIVE DISORDER RESOURCES

In our continued highlight of resources to assist in managing mental health, as the days get shorter and skies are often cloudy you may find yourself or peers suffering from symptoms similar to depression. This often occurs in the fall and winter months and is associated with Seasonal Season Affective Disorder (SAD).

The Co-Rec offers Light Therapy as a way to help treat SAD. This involves use of a light box that emits bright light simulating sunlight. The light therapy box is in the mindfulness room and is available during all open hours and is a FREE service. [Learn more here.](#)



UPCOMING MGC WEEKS OF EVENTS:

OCT. 5 - 9

alpha Kappa Delta Phi
International Sorority, Inc.

OCT. 11 - 16

Kappa Pi Beta
Fraternity, Inc.

FORM REMINDERS

INTAKE/NEW MEMBER ED GUIDELINES

Due 2-wks prior to your process beginning.
[Submit it here](#)

MEMBERSHIP FORMS

Required by all new members within 72 hrs. of joining:
[Submit it here](#)



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MEET WITH FSCCL STAFF



Schedule a meeting with your FSCCL Advisor:

- [Book online to meet with Spencer, Amanda or James](#)
- E-mail Brandon directly to meet with him.

HEALTH & SAFETY INITIATIVE

HSI programming is a great opportunity to connect new information to current and emerging leaders in your organization. The education sessions cover a variety of topics and chapter coaching sessions are provided throughout wide time blocks so they can be booked at the organization's convenience.

Your council may require a certain percentage of participation in education sessions, we recommend sharing the schedule with your members so they are able to attend programs that meet their interests and availability.

FOR PROGRAM LINKS:

[CLICK HERE](#)

Based on student feedback we have prioritized Mental Health as an educational session topic. Please look for the icon next to sessions that specifically focus on this important content. As a note, "Supporting Members Mental Health During COVID-19 and Beyond" is offered twice in order to allow as many people as possible to attend.

Don't forget to schedule your chapter consultation! We recommend working with your executive board to determine the time with the most availability.



SCHEDULE NOW

FACULTY/STAFF ADVISORS: RECRUITMENT & RETENTION

Maintaining a Faculty/Staff Advisor is a requirement of all registered student organizations at Purdue.

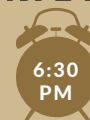
Recruiting Your Advisor:

- Survey your membership for Faculty and Staff members they respect and admire.
- Request a list of alumni [on boiler link](#)! Questions? Contact Jimmy Cox in the Alumni Association, at: JimmyCox@purdue.edu
- Contact your National Organization for a list of local alumni, there may be a non-Purdue alum that is interested in being involved.

Retaining Your Advisor:

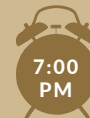
- Compile documentation of how the role will be utilized be honest about time commitments and expectations in addition to those of SAO.
- Brainstorm opportunities for your F/S Advisor to be involved
 - Keynote speaker at a scholarship recognition event.
 - Ex-officio member of the Academic Committee directly advising your Scholarship/Academic Chair.
 - Provide opportunities for them to utilize existing talents and skills.
- Set up communication. Who in your organization will be the main point of contact? Be sure that your F/S Advisor is kept in the loop.
 - Schedule consistent meetings to check-in.
 - Add them to your newsletter ListServ.
 - Invite them to organization meetings and events.
 - Include this communication plan in officer transitions.
- Don't forget to express appreciation for the time and effort your advisor contributes. When unappreciated, they just might find something else to do with their free time.

MONDAY 10/5



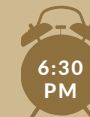
CONDUCTING A HEALTH & SAFETY AUDIT FOR YOUR ORGANIZATION

AND



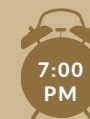
CREATING AN UPSTANDER ENVIRONMENT IN YOUR ORGANIZATION

TUESDAY 10/6



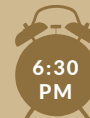
CREATING YOUR OWN HEALTH & SAFETY CURRICULUM

AND



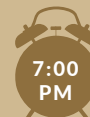
SUPPORTING MEMBERS MENTAL HEALTH DURING COVID-19 AND BEYOND

MONDAY 10/12



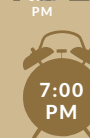
BUILDING A CRISIS RESPONSE PLAN

AND



SUPPORTING MEMBERS MENTAL HEALTH DURING COVID-19 AND BEYOND

TUESDAY 10/13



A CONVERSATION ABOUT HAZING AND THE INTERSECTIONALITY WITH MENTAL HEALTH