

October 2023 Newsletter

I. Halloween

A. Make The Call; Ask For Help

1. The primary concern of Purdue University in all cases, including those cases of intoxication and/or alcohol poisoning, is the health and safety of the individuals involved. Recognizing that the potential application of Disciplinary Sanctions could be a factor that deters students from making the responsible decision to seek medical attention for themselves or others in cases of student intoxication and/or alcohol poisoning, the University has instituted the Purdue Community Alcohol-Related Emergency Situation (PurdueCARES) Program and adopted the [Medical Amnesty for Student Intoxication policy](#).
2. When in doubt, **make the call**. When someone is hurt, **make the call**.
 - a) Regardless of your location, **make the call to 911**.

B. Party Themes

1. Costumes and theme parties are what makes Halloween such a fun and exciting time of year. We want to remind you to be mindful of the impact of themes and costumes when it comes to another culture than your own.
 - a) Is it offensive to any race, religion, culture, belief, or group of people?
 - b) Does it mock/make fun of/or represent a certain group of people/culture/belief?
 - c) Does it reinforce stereotypes?
 - d) Did people from the other culture endure negative experiences that people from your culture have not?
 - e) Do you think that because your favorite celebrity/icon/whoever is wearing it, that makes it okay?
 - f) Why are you "borrowing" this?
 - g) What is the source? What does this item mean to them?
 - h) How respectful is this to the culture? What would someone from that group feel about it?



II. Programming

A. New Member Course

1. The new member course is [available on Brightspace](#) and required for any new member that has accepted a bid to join your organization. This course serves as an introduction for New Members of Fraternity, Sorority, and Cooperative Life (FSCL) organizations. It provides a general overview of the Fraternity, Sorority and

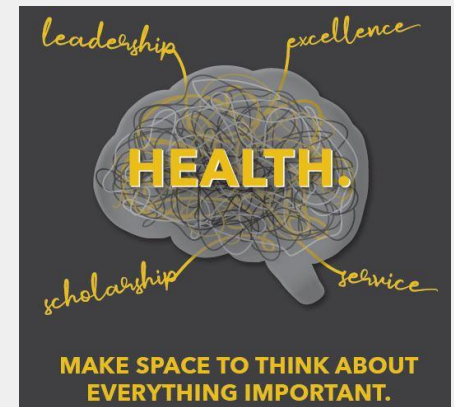


Cooperative community, valuable resources and important information that will assist you in your member experience. Completion of this course is a required component of the new member experience.

III. Health & Safety

A. Mental Health Checkup

1. As organizational leaders, your plates are consistently more full than empty. You're juggling classes, work, a social life, and fraternity/sorority/cooperative obligations. It's important to not only focus on physical health but also take time to ensure that your mental health is getting the attention it deserves.
 - a) **CAPS**, Counseling and Psychological Services, has same-day or next-day appointments. Contact 765-494-6995 to make an appointment. Services are brief in nature. There are no predefined session limits. Crisis services are available 24/7. Call 911 if your crisis is life-threatening. After-hours support is available by calling the CAPS main number and pressing 1.
 - b) **TAO** offers self-guided resources including short videos, brief exercises and self-reflection tools to help overcome anxiety, depression, loneliness and other concerns and to assist with topics including social support, relaxation and problem-solving. To enroll, click on the link and log in using your Purdue credentials.
2. We encourage you to also look out for your brothers/sisters/siblings in your community by asking tough questions. Many times, there are obvious signs that someone is struggling and maybe they need someone to genuinely ask how they are. Be that someone.
 - a) **Student of Concern**: Worried about another student? Report your concern through the Student of Concern Report.
 - b) **QPR Suicide Prevention Training**: Question, Persuade, Refer training helps Purdue community members learn to recognize the warning signs for suicide, assist those in need, and review helpful Purdue resources.
 - (1) Additional Resources
 - (a) [988 Suicide & Crisis Lifeline](#)
 - (b) [National Suicide Prevention Lifeline](#): 800-273-8255 (TALK)
 - (c) [National Suicide Prevention Lifeline Online Chat Services](#)
 - (d) [Crisis Text line](#): Text IN to 741741 for free, 24/7 crisis counseling. We're here for you.
 - (e) [Trevor Project Lifeline](#) (confidential suicide hotline for LGBTQ+ youth): 866-488-7386
 - (i) [TrevorChat](#)



- (ii) [TrevorText](#): Text START to 678-678.

B. Domestic Violence/Relationship Violence Honor Walk

1. CARE would like to invite you and your teams, including student workers, to join us in our Domestic Violence/Relationship Violence Honor Walk at **7:30pm on Purple Thursday, October 19th**. The event will begin at KRACH Lawn and end at Memorial Mall. Participants are encouraged to wear purple in honor of survivors and those who have lost their lives to DV/RV. The event is expected to last 30 minutes. Groups or individuals will have two options for involvement the night of the walk:
 - a) Be assigned a designated spot along the walking route and hold an LED tealight to create a path of light for the walkers. Once the last walkers pass by, the *candle bearers will fill in behind the walkers.
 - (1) *The route candle bearers will be provided with detailed instructions that will include:
 - (a) How and where they will receive or pick up their led candle and holder for themselves/organization.
 - (b) Where they will stand along the route.
 - (c) When to join in behind the walkers.
 - (d) Where to stand at Memorial Mall.
 - (e) When to “extinguish” their candle.
 - (f) The Drop points around Memorial Mall for their led candles.
 - b) Meet at KRACH lawn on the corner of 3rd and Martin Jischke and join other participants in walking the route over to Memorial Mall.
2. Once all walkers have arrived at Memorial Mall there will be 3 minutes of silence, a signal will be given, and walkers will disperse.
3. If you are attending as an organization or smaller individual teams please post a sign-up sheet, have one person be a point of contact and share the overall number of your group and indicate whether you plan to walk or be light bearers.
4. You can use the following link to sign up groups in lieu of a QR code:
 - a) https://purdue.ca1.qualtrics.com/jfe/form/SV_8cSMedcq2rERMLI
5. If you have any questions or concerns relating to the event, please don't hesitate to reach out to CARE at care@purdue.edu.

C. Well-being Resources

1. **PUSH**, the Purdue University Student Health center, strives to keep you healthy and well. If it is right for you, consider getting a COVID-19 booster and/or flu shot. If you are sick or have a fever, get checked out! Delaying care can lead to worsening conditions.
2. **Recreation and Wellness** provides our community with activities that contribute to learning and the pursuit of an active, healthy lifestyle. This excellent resource offers exercise, fitness training, nutrition counseling, wellness coaching, a mindfulness space, financial literacy/ **Boiler Financial Track** and, in general, an excellent social outlet.
3. **ODOS Student Support Services**: Some students may not need to see a licensed clinician to feel better and/or supported. The Office of the Dean of Students is staffed with professionals who care deeply about students and their success. To visit a

student support specialist between 8 a.m. and 5 p.m. weekdays, visit the office on the second floor of Schleman Hall, and they can help.

IV. What is Happening on Campus?

- A. Zeta Beta Tau** student leaders Jason Bodzy, Benjamin Riggins, Lucas Ford, and Kyle Link, were named the Most Outstanding Convention Delegation for their exceptional participation in and leadership at the Zeta Beta Tau International Convention.

V. Save the Dates


A. Health & Safety Initiative

1. Monday, Oct. 2

- a) Creating a Culture of Health & Safety in STEW 218 (ABCD) at 7 PM

2. Tuesday, Oct. 3

- a) Coaching Sessions with Novak Talks staff about creating a culture of health & safety within your chapter or cooperative in KRCH


(1)  Purdue Fall 2023 Coaching Sessions

- b) The Drug Talk in STEW 206 at 6 PM

- c) Strategies for Mitigating Risk of Belonging to a Social Organization in STEW 218 (ABCD) at 6 PM

3. Wednesday, Oct. 4

- a) Coaching Sessions with Novak Talks staff about creating a culture of health & safety within your chapter or cooperative in KRCH

(1)  Purdue Fall 2023 Coaching Sessions

- b) OWI – the ins and outs Presented by Student Legal Services in STEW 214 (ABCD) at 6 PM

- c) Supporting Mental Health of our Peers! in STEW 206 at 6 PM

- d) Creating a Healthy Relationship with Alcohol in Your Social Organization in STEW 214 (ABCD) at 7 PM

B. Purdue Cooperative's New Member Serenades

1. October 22

C. Fraternity, Sorority, & Cooperative Leadership Summit (FSCLS)

1. Emerging and Rising leaders are recommended to attend to build skills to be an effective and impactful leader. Councils may set attendance requirements, so please connect with your council officers.
2. Sunday, November 5th (times are TBA)

VI. Action Items

- Attend HSI Programming** - Pay attention to your respective council's attendance expectations for Health & Safety Initiatives programming. We highly encourage you sign up for a Health & Safety consultation during HSI in addition to attending the community-wide programming.
- Fall 2023 FSCL Reporting Deadline - December 1, 2023:** Final Roster Updates, Community Service and Philanthropy Reports
 - Philanthropy and Community Service Reporting Form: <https://boilerlink.purdue.edu/submitter/form/start/397683>
 - Final Roster Updates: Student workers will be sending presidents the most recent copy of your org's roster around 11/1/23 and updates should be made via boilerlink.
- COMING UP....Student Organization Registration Process** must be renewed upon the election of new chapter/house officers: <https://www.purdue.edu/sao/organizationofficers/index.html>. This is happening for most FSCL organizations in the next 3 months.
 - If you DO NOT have an active **Faculty/Staff Advisor** - you should begin looking for that person now so that your registration process is not delayed. https://www.purdue.edu/sao/Advisors/Expectations_of_Advisors.html